

KEEP ON SOWING June 2020 (Corona Virus Edition)

We have seeds in stock at the Shop suitable for sowing in the next few months, filling in the bare soil left as you harvest spuds; broad beans ; onions etc. **(last sow by dates are in brackets)**

Cabbage/ Spring Greens are sown in a seed bed in July / August for a crop early next year. We have : 'Greyhound' (July); 'Spring Hero' (August) ; 'Winter Greens' (August)

Carrots: All varieties can be sown into July, and 'Amsterdam' can continue into August

Cauliflower: Still plenty of time to get these up and going: 'Barcelona' (late October); 'Boris' (Sept – Oct)

DWARF French Beans : During July pop a few bean seeds into corners of the plot as they become free. Sown later, direct into warm soil, they often do better than ones sown earlier.

Leaf Beets / Chard can be sown until the end of July , and the everlasting 'Perpetual Spinach' until August

Peas: 'Kelvedon Wonder' can be sown until July for a harvest in Autumn. 'Douce Provence' (height 30") and 'Meteor' (height 18") are sown late Autumn to overwinter for an early harvest the following year.

Radish: Keep sowing rows of multicoloured radish until September: 'Diana' purple; 'Cherry Belle' red; 'Mixed' and 'Breakfast Mixed' as the name suggests and new 'Blue Moon'.

SALADS: We stock a variety of salad leaves for growing in the next few months. Plants can be grown under protection over winter as you clear the greenhouse or polytunnel.

Varieties of lettuce which can be sown into late summer /early Autumn : 'All the Year Round' (Aug) ; 'Arctic King' (Aug/ Sept) ; 'Winter Density' (Aug – Oct) .

Pick and come again leaves : 'Endive' (Sept); 'Chicory/Radicchio' (July); 'Claytonia' (Aug); 'Rocket' (Aug) ; 'Mustard 'Red Frills' (all year); 'Mixed Oriental Leaves'; 'Mizuna' and baby spinach leaves 'Red Kitten'

And shoots: 'Sweet corn' and 'Pea Shoots 'Serge' (all year).

Orientals are much less likely to bolt if sown at the end of summer: 'Pak Choi: 'Red Choi' (Aug); and 'Joi Choi' (Sept) . and Mustard Spinach 'Komatsuna'.

Spinach : If you tried earlier and it bolted, try sowing later : 'Giant Winter' (Sept); 'Medania' (Aug – Sept).; 'Trombone' (Oct)

Don't forget **Herbs:** 'Basil' (July) ; 'Coriander' (Sept) ; 'Parsley'

And finally...Improve that bare soil with a crop of **Green Manure** : 'Phacelia' (Sept); 'Red Clover' (Aug) 'Trefoil' (Aug); 'Mustard' (mid Sept) ; 'Winter tares' (Sept) and specifically for overwintering: 'Overwinter Mix' (mid Oct) and 'Field Beans' (Nov)